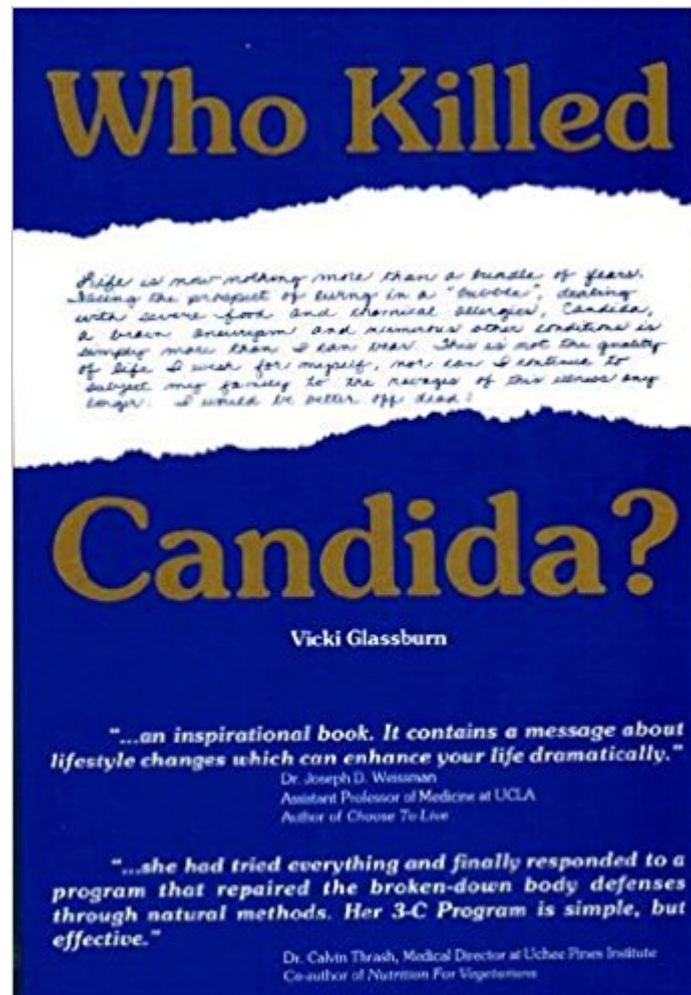


The book was found

# Who Killed Candida?



## Book Information

Paperback: 255 pages

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Average Customer Review: 4.5 out of 5 stars Â Â See all reviews Â (6 customer reviews)

Best Sellers Rank: #1,825,209 in Books (See Top 100 in Books) #83 in Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Candida #7580 in Â Books > Health, Fitness & Dieting > Women's Health

## Customer Reviews

I had candida and am so thankful that I found this book. I followed the guidelines suggested and had a complete turn around in my health. Sound nutritional information! I highly recommend it.

The book was well written. It was organized into sections that made it easy to follow. The author gives her own story and the story of other people. The stories show how difficult it is to deal with Candida. The author tells how she was cured and how her cure has worked for others. The cure is difficult . It takes discipline and determination. I have read several candida books and this one is a lot easier to understand because she limits the extra information. The reader does not get bogged down with information. I think the title is very fitting and most of us would like to kill candida!!

Even though my experience with Candida was different from what was described in this book, the methods still work. It takes time to kill Candida and it is possible. One thing I have learned through this process is that if you use Bentonite Clay with it, it speeds the process up and you find results to feeling better quicker.

I had a bad Candida problem a few years back, and kept the book for the recipes. They are wonderful! But I disagree with two points. The author thinks we should avoid dairy, but actually yogurt helped me out greatly. She also thinks we should keep our pets outside, not sleep with them, and wash our hands after handling them. Cuddling with a cat raises the immunity (that was proven)

and they are very clean, especially when kept indoors. Petting a dog probably rarely hurts anyone, and I believe that keeping them outside all the time is inhumane. I hope the author reads this.

Excellent book. I think every woman who suffers from vaginal yeast infection should read and follow the recommendations given in this book. It's a God-sent.

This book is very detailed and informative. If you're suffering from Yeast/ Candida this is the book you will need. It has step by step in order to live yeast free.

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Who Killed Candida? The Candida Cure: Yeast, Fungus & Your Health - The 90-Day Program to Beat Candida & Restore Vibrant Health The Candida Diet Solution: How You Can Cure Candida in Four Simple Steps Beyond Candida: Breakthrough Solutions for Candida, Yeasts, Dysbiosis and More Without Getting Killed or Caught: The Life and Music of Guy Clark (John and Robin Dickson Series in Texas Music, sponsored by the Center for Texas) I Wanna Be A Producer - How to Make a Killing on Broadway...or Get Killed Murder in the Bayou: Who Killed the Women Known as the Jeff Davis 8? First They Killed My Father: A Daughter of Cambodia Remembers (P.S.) He Has Shot the President!: April 14, 1865: The Day John Wilkes Booth Killed President Lincoln (Actual Times) John Brown, Abolitionist: The Man Who Killed Slavery, Sparked the Civil War, and Seeded Civil Rights We Wish to Inform You That Tomorrow We Will be Killed With Our Families: Stories from Rwanda Who Killed Sherlock Holmes?: The Shadow Police, Book Three They Killed Our President: 63 Reasons to Believe There Was a Conspiracy to Assassinate JFK Parents Who Killed Their Children: True stories of Filicidal Murder, Mental Health and Postpartum Psychosis (True Crime & History Book 1) 15 Celebrities Who Have Killed : From The Limelight To The Court Room (Serial Killers - Murderer - Criminals Crimes - True Evil - Horror Stories - True Crimes - Violent Crimes) Texas Ranger: The Epic Life of Frank Hamer, the Man Who Killed Bonnie and Clyde Catastrophic Care: How American Health Care Killed My Father--and How We Can Fix It Who Killed Change?: Solving the Mystery of Leading People Through Change No Easy Day: The Firsthand Account of the Mission That Killed Osama Bin Laden First They Killed My Father: A Daughter of Cambodia Remembers

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